

Milk Pap Fruit Yoghurt

Preparation

Choose amount of water and pap powder depending on age and appetite according to dosage table.



Boil fresh drinking water and leave it to cool down to about 50 °C.



Put the recommended amount of powder (according to table) into a pap dish.



Measure boiled water (according to table), add to powder and stir.



Let it swell until it reaches the required consistency. Check temperature.

The special HiPP ingredients

30 % Follow-on milk (skimmed milk powder, vegetable oil (sunflower oil, rapeseed oil, coconut oil), maltodextrin, fibre (galacto-oligosaccharides from lactose), whey powder partially demineralised, vitamin C, ferrous sulphate, zinc sulphate, vitamin E, niacin, pantothenic acid, vitamin B₁, vitamin A, potassium iodate, vitamin B₂, vitamin B₆, folic acid, copper sulphate, vitamin K, sodium selenate, vitamin D, biotin), wheat semolina, dextrose, durum wheat semolina, wholemeal oat flakes, skimmed milk powder, 4 % fruit powder (pineapple juice, banana, mango, orange juice, passion fruit juice), vegetable oils (sunflower oil, rapeseed oil, coconut oil), 2 % skimmed milk yoghurt powder, calcium carbonate, orange extract, vitamin B₁, vitamin A, vitamin D.

Important information

- For the sake of your baby's health it is important to adhere to the instructions for preparation and the quantities indicated.
- Always feed your baby the milk pap using a spoon and prepare it freshly for each meal.
- Seal opened sachet well after using, store at room temperature in a dry and hygienic manner – use up content within 3-4 weeks.
- Please do not warm up the pap in the microwave oven (danger of scalding!).
- Ensure regular dental care at bedtime from your baby's first tooth onward and do not feed your baby afterwards.

Please pay attention to your baby's balanced diet and healthy way of living.

Prebiotic dietary fibres (GOS*)

- ✓ Prebiotic dietary fibres (GOS*) can also be found in breast milk and support baby's healthy intestinal flora.
- ✓ HiPP milk paps Praebiotik® are ideal in combination with HiPP Combiotic® milk formulae.

Ausdrück Stoff HiPP

*Galactooligosaccharides – derived from lactose

The proper dosage

Every baby is different, so daily portions of pap may vary greatly. Our dosage table is intended to help you preparing different amounts of milk pap correctly.

	Powder	Water	Portion
from the 8 th month	50 g (4-5 table spoons)	150 ml	200 g
for a smaller portion	40 g (3-4 table spoons)	120 ml	160 g
for a smaller portion	45 g (approx. 4 table spoons)	135 ml	180 g

Composition

	per 100 g powder	per ready to eat portion 200 g
energy kJ	1,805	903
kcal	429	214
fat (of which)	11.5 g	5.8 g
-saturates	2.6 g	1.3 g
carbohydrate (of which)	66.1 g	33.1 g
-sugars	29.5 g	14.8 g
fibre	2.7 g	1.4 g
protein	13.8 g	6.9 g
salt*	0.25 g	0.13 g
sodium	0.10 g	0.05 g
potassium	475 mg	240 mg
chloride	180 mg	90 mg
calcium	530 mg	265 mg
phosphorus	320 mg	160 mg
magnesium	50 mg	25 mg
iron	3.3 mg	1.7 mg
zinc	2.8 mg	1.4 mg
copper	160 µg	80 µg
iodine	58 µg	29 µg
selenium	9.2 µg	4.6 µg
manganese	730 µg	365 µg
vitamin A	350 µg	175 µg
vitamin D	7.0 µg	3.5 µg
vitamin E	5.5 mg	2.8 mg
vitamin K	18 µg	9.0 µg
vitamin C	43 mg	22 mg
vitamin B ₁	0.73 mg	0.37 mg
vitamin B ₂	0.45 mg	0.23 mg
niacin	1.7 mg	0.85 mg
vitamin B ₆	0.21 mg	0.11 mg
folic acid	50 µg	25 µg
vitamin B ₁₂	1.0 µg	0.5 µg
pantothenic acid	2.2 mg	1.1 mg
biotin	8.5 µg	4.3 µg
further nutritional values		
linolenic acid (Omega-3-FA)	0.26 g	0.13 g
galacto-oligosaccharides	1.6 g	0.8 g

*calculated from the natural amount of ingredients

**% of daily requirements

What's in it

- ✓ follow-on milk to suit age
Our milk paps are based on follow-on milk adapted for babies. For the sake of your baby's health, follow-on milk contains*:
- ✓ calcium & vitamin D
important for the formation of bones
- ✓ zinc & vitamin C
for the body's own defences
- ✓ iodine
supports the thyroid function
- ✓ vitamin A
supports the immune system

*as required by law

- ✓ omega-3 fatty acids (ALA)
important for brain and nerve cells

- ✓ prebiotic dietary fibres (GOS*)
support healthy intestinal flora

*galactooligosaccharides derived from lactose

- ✓ valuable, easily digestible cereals
(contain gluten)

What's not in it

- ✗ artificial flavouring*
- ✗ added colouring*
- ✗ preservatives*

*as required by law

e 250 g

HiPP

Please open here

Fruit Yoghurt

Production date
Best before:

11_1593EM
FS3 11/14

FROM
THE
8th
MONTH

HiPP

Milk Pap
Fruit Yoghurt

PRAEBIOTIK®

prebiotic
dietary
fibres (GOS)

Prepare with water

Use

This milk pap is an ideal meal for children being fed weaning food and is suitable from the 8th month.

From idea to conviction

Years of experience and scientific progress serve to guarantee the very high quality of HiPP milk paps. Our nutritional experts constantly face the challenge of keeping the milk paps from HiPP up to the latest technical standard. And all of this we do gladly for the natural and healthy development of your baby.

- Extensive raw material checks
- Constant monitoring during production
- Stringent control of toxic substances
- Without any genetically modified ingredients
- With delicate oatflakes for learning how to chew

If you have any questions concerning your baby's diet

Exporter

HiPP GmbH & Co. Export KG,
Theresienthalstraße 68,
4810 Gmunden, Austria

Producer

Vivera d.o.o.
(a member of HiPP Group),
Ulica kralja Zvonimira 1,
44400 Glina, Croatia

Filling height due to technical reasons. Packed in a protective atmosphere.
Best before: see top of package

Milk Pap Fruit Yoghurt

AL3311-C

e 250g

AL3311-C
716.783



9 062300 113867

HiPP's freshness guarantee: The foil sachet guarantees optimal freshness and aroma protection. This product left our house in perfect condition – please make sure the sachet is undamaged before using. Foil sachet and box must be recycled separately. Store in a dry place at room temperature. Use up the opened sachet within 3-4 weeks.

If properly stored, the originally sealed bag is best before: see top of package.