

Organic Milk Pap Fine Fruits

Preparation

Choose amount of water and pap powder depending on age and appetite according to dosage table.



Boil fresh drinking water and leave it to cool down to about 50 °C.



Put the recommended amount of powder (according to table) into a pap dish.



Measure boiled water (according to table), add to powder and stir.



Let it swell until it reaches the required consistency. Check temperature.

The special HiPP ingredients

45 % Follow-on milk* (whey powder* partially demineralised, vegetable oils* (palm oil*, rapeseed oil*, sunflower oil*), skimmed milk powder*, rice flour*, vitamin C, ferrous sulphate, zinc sulphate, vitamin E, niacin, pantothenic acid, vitamin B₁, vitamin A, vitamin B₆, vitamin B₂, potassium iodate, folic acid, copper sulphate, vitamin K, sodium selenate, vitamin D, biotin), wheat semolina*, whey powder* partially demineralised, 10 % fruit juice concentrates* (apple* low in acid, pear*), skimmed milk powder*, 3 % fruit flakes* (banana*, peach*), calcium carbonate, apple extract, orange extract, vitamin B₁, vitamin A, vitamin D.

* from organic production

Important information

- For the sake of your baby's health it is important to adhere to the instructions for preparation and the quantities indicated.
- Always feed your baby the milk pap using a spoon and prepare it freshly for each meal.
- Seal opened sachet well after using, store at room temperature in a dry and hygienic manner – use up content within 3-4 weeks.
- Please do not warm up the pap in the microwave oven (danger of scalding!).
- Ensure regular dental care at bedtime from your baby's first tooth onward and do not feed your baby afterwards.

Please pay attention to your baby's balanced diet and healthy way of living.

HiPP Top Quality

- more than 50 years of organic experience
- most stringent control checks in our quality lab which is among the leading ones in Europe
- stricter limits than required by law
- GMO-free*
- traditional production
- natural organic cereal – without chemical-synthetical treatment or fast acting fertilisers*

*in accordance with the EC Organic Farming Regulation

The proper dosage

Every baby is different, so daily portions of pap may vary greatly. Our dosage table is intended to help you preparing different amounts of milk pap correctly.

	Powder (g)	Water (ml)	Portion (g)
from the 6 th month	45 (approx. 4 table spoons)	135	180
from the 8 th month	50 (4-5 table spoons)	150	200
for a smaller portion	40 (3-4 table spoons)	120	160

Composition

	per 100 g powder	per ready to eat portion 180 g
energy kJ	1,837	827
fat (of which)	436	196
-saturates	12.3 g	5.5 g
carbohydrate (of which)	4.0 g	1.8 g
-sugars ¹	67.2 g	30.2 g
fibre	40.3 g	18.1 g
protein	2.5 g	1.1 g
salt ²	12.9 g	5.8 g
sodium	0.48 g	0.23 g
potassium	0.19 g	0.09 g
chloride	700 mg	315 mg
calcium	250 mg	115 mg
phosphorus	450 mg	205 mg
magnesium	345 mg	155 mg
iron	65 mg	29 mg
zinc	3.0 mg	1.4 mg
copper	2.4 mg	1.1 mg
iodine	125 µg	56 µg
selenium	50 µg	23 µg
vitamin A	14 µg	6.3 µg
vitamin D	400 µg	180 µg
vitamin E	6.5 µg	2.9 µg
vitamin K	5.0 mg	2.3 mg
vitamin C	18 µg	8.1 µg
vitamin B ₁	40 mg	18 mg
vitamin B ₂	0.70 mg	0.32 mg
niacin	0.85 mg	0.38 mg
vitamin B ₆	1.8 mg	0.81 mg
folic acid	0.35 mg	0.16 mg
vitamin B ₁₂	55 µg	25 µg
pantothenic acid	1.3 µg	0.59 µg
biotin	2.8 mg	1.3 mg
further nutritional values	13 µg	5.9 µg
linolenic acid (Omega-3-fatty acid)	0.24 g	0.11 g

¹sugars naturally occur in the ingredients

²calculated from the natural amount of ingredients

*% of daily requirements

What's in it

- ✓ **follow-on milk to suit age**
As a basis for our organic milk paps, we use follow-on milk, which meets babies' requirements and is also suitable as an ingredient in paps from 4 to 6 months.
For the sake of your baby's health, follow-on milk contains*:

- ✓ **calcium & vitamin D**
for the formation of bones

- ✓ **iodine**
for the thyroid function

- ✓ **zinc & vitamin C**
for the body's own defences

- ✓ **vitamin A**
for the immune system

*as required by law

- ✓ **omega-3 fatty acids (ALA)**
important for brain and nerve cells

- ✓ **sun-kissed fruits**

- ✓ **valuable, easily digestible cereals**
(contain gluten)

What's not in it

- ✗ added sugars¹
- ✗ added colouring*
- ✗ artificial flavouring*
- ✗ preservatives*

*as required by law

¹sugars naturally occur in the ingredients

e 250 g

HiPP

Please open here

Fine Fruits

Production date:
Best before:

FROM
THE
6th
MONTH

HiPP



Organic Milk Pap Fine Fruits

no
added
sugars

Prepare with water

AL3141

735, 716, 783



9 062300 113492

HiPP's freshness guarantee: The foil sachet guarantees optimal freshness and aroma protection. This product left our house in perfect condition – please make sure the sachet is undamaged before using. Foil sachet and box must be recycled separately. Store in a dry place at room temperature. Use up the opened sachet within 3-4 weeks.

If properly stored, the originally sealed bag is best before: see top of package.

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HR-EKO-07
EU/non-EU agriculture



The HiPP Organic Seal guarantees the highest quality and exceeds the EU organic requirements.

Use

This milk pap is an ideal meal for children being fed weaning food, and is suitable from the 6th month to complement breastfeeding or infant formula fed from a bottle. If you want to switch over to using follow-on milk for bottle meals before your baby is 6 months old, please consult with your paediatrician.

Exporter:

HiPP GmbH & Co. Export KG,
Theresienhalstraße 68,
4810 Gmunden, Austria

Producer:

Vivera d.o.o. (a member of HiPP Group),
Ulica kralja Zvonimira 1,
44400 Gлина, Croatia

Filling height due to technical reasons. Packed in a protective atmosphere.
Best before: see top of package

Organic Milk Pap
Fine Fruits

AL3141

e 250g