

Organic Milk Pap Fine Apple

Preparation

Choose amount of water and pap powder depending on age and appetite according to dosage table.



Boil fresh drinking water and leave it to cool down to about 50 °C.



Put the recommended amount of powder (according to table) into a pap dish.



Measure boiled water (according to table), add to powder and stir.



Let it swell until it reaches the required consistency. Check temperature.

The special HiPP ingredients

42 % Follow-on milk* (whey powder* partially demineralised, skimmed milk powder*, vegetable oils* (palm oil*, rapeseed oil*, sunflower oil*), rice flour*, vitamin C, ferrous sulphate, zinc sulphate, vitamin E, niacin, pantothenic acid, vitamin B₁, vitamin A, vitamin B₆, vitamin B₂, potassium iodate, folic acid, copper sulphate, vitamin K, sodium selenate, vitamin D, biotin), cereal flakes* (rice*, 11 % wholemeal rice*), whey powder* partially demineralised, 11 % apple juice concentrate* with low acid content*, skimmed milk powder*, apple extract, calcium carbonate, vitamin B1, vitamin A, vitamin D

*from organic production

Important information

- For the sake of your baby's health it is important to adhere to the instructions for preparation and the quantities indicated.
- Always feed your baby the milk pap using a spoon and prepare it freshly for each meal.
- Seal opened sachet well after using, store at room temperature in a dry and hygienic manner – use up content within 3-4 weeks.
- Please do not warm up the pap in the microwave oven (danger of scalding!).
- Ensure regular dental care at bedtime from your baby's first tooth onward and do not feed your baby afterwards.

Please pay attention to your baby's balanced diet and healthy way of living.

HiPP Top Quality

- more than 50 years of organic experience
- most stringent control checks in our quality lab which is among the leading ones in Europe
- stricter limits than required by law
- GMO-free*
- traditional production
- natural organic cereal – without chemical-synthetical treatment or fast acting fertilisers*

Claus Hipp Stiftung

*in accordance with the EC Organic Farming Regulation

The proper dosage

Every baby is different, so daily portions of pap may vary greatly. Our dosage table is intended to help you preparing different amounts of milk pap correctly.

	Powder (g)	Water (ml)	Portion (g)
from 4 months	45 (approx. 4 table spoons)	130	175
from the 6 th month	50 (4-5 table spoons)	140	190
from the 8 th month	55 (approx. 5 table spoons)	155	210

Composition

	per 100 g powder	per ready to eat portion 175 g
energy kJ	1,834	825
kcal	435	196
fat (of which)	12.2 g	5.5 g
-saturates	4.1 g	1.8 g
carbohydrate (of which)	67.9 g	30.6 g
-sugars ¹	40.9 g	18.4 g
fibre	2.0 g	0.9 g
protein	12.5 g	5.6 g
salt ²	0.55 g	0.25 g
sodium	0.22 g	0.10 g
potassium	840 mg	380 mg
chloride	370 mg	165 mg
calcium	415 mg	185 mg
phosphorus	390 mg	175 mg
magnesium	72 mg	32 mg
iron	3.0 mg	1.4 mg
zinc	2.5 mg	1.1 mg
copper	120 µg	54 µg
iodine	60 µg	27 µg
selenium	11 µg	5.0 µg
vitamin A	380 µg	170 µg
vitamin D	7.0 µg	3.2 µg
vitamin E	5.0 mg	2.3 mg
vitamin K	20 µg	9.0 µg
vitamin C	47 mg	21 mg
vitamin B ₁	0.72 mg	0.32 mg
vitamin B ₂	0.96 mg	0.43 mg
niacin	1.7 mg	0.77 mg
vitamin B ₆	0.25 mg	0.11 mg
folic acid	50 µg	23 µg
vitamin B ₁₂	1.2 µg	0.54 µg
pantothenic acid	2.6 mg	1.2 mg
biotin	14 µg	6.2 µg
further nutritional values		
linolenic acid (Omega-3-FA)	0.23 g	0.10 g

¹sugars naturally occur in the ingredients
²calculated from the natural amount of ingredients
*% of daily requirements

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e 250 g

HiPP

Please open here

Fine Apple

Production date:
Best before:

12_2007EM
FS4 11/14

FROM

4
MONTHS

HiPP



Organic Milk Pap
Good Night
Fine Apple

no
added
sugars

Prepare with water

What's in it

✓ follow-on milk to suit age

As a basis for our organic milk paps, we use follow-on milk, which meets babies' requirements and is also suitable as an ingredient in paps from 4 to 6 months.

For the sake of your baby's health, follow-on milk contains*:

- ✓ **iron** for blood formation and mental development
- ✓ **calcium & vitamin D** for the formation of bones
- ✓ **iodine** for the thyroid function
- ✓ **zinc & vitamin C** for the body's own defences
- ✓ **vitamin A** for the immune system

*as required by law

- ✓ **omega-3 fatty acids (ALA)** important for brain and nerve cells
- ✓ **valuable whole-grain flakes**
- ✓ **sun-kissed fruits**
- ✓ **valuable, easily digestible cereal** (gluten-free)

What's not in it

- ✗ added sugars¹
- ✗ added colouring*
- ✗ artificial flavouring*
- ✗ preservatives*

*as required by law

¹sugars naturally occur in the ingredients

HR-EKO-07
EU/non-EU agriculture



The HiPP Organic Seal guarantees the highest quality and exceeds the EU organic requirements.

HiPP Good Night Milk Pap with wholemeal cereal flakes

Cereal is an important part of a balanced diet – also for babies. First and foremost the outer layers of the grain are rich in vitamins and nutrients. Therefore, we use the complete grain for our HiPP wholemeal cereal flakes in a mixture that is especially adjusted to babies' requirements. This is the reason why HiPP Good Night Pap Fine Apple with wholemeal cereal flakes is so very valuable. HiPP Good Night Pap provides also age-appropriate satiety and has no added sugar. Therefore, it is ideally suited as your baby's evening meal before bedtime.

Use

This milk pap is a complete evening meal for children being fed weaning food, and is suitable from 4 months to complement breastfeeding or infant formula fed from a bottle. If you want to switch over to using follow-on milk for bottle meals before your baby is 6 months old, please consult with your paediatrician.

Exporter:

HiPP GmbH & Co. Export KG,
Theresienthalstraße 68,
4810 Gmunden, Austria

Producer:

Vivera d.o.o. (a member of HiPP Group), Ulica kralja Zvonimira 1,
44400 Glina, Croatia

Filling height due to technical reasons. Packed in a protective atmosphere.
Best before: see top of package.

Organic Milk Pap Fine Apple

AL2963

e 250 g

AL2963

716.783



9 062300 113546

HiPP's freshness guarantee: The foil sachet guarantees optimal freshness and aroma protection. This product left our house in perfect condition – please make sure the sachet is undamaged before using. Foil sachet and box must be recycled separately. Store in a dry place at room temperature. Use up the opened sachet within 3-4 weeks.

If properly stored, the originally sealed bag is best before: see top of package.