

Milk Pap Baby's First Pap

Preparation

Choose amount of water and pap powder depending on age and appetite according to dosage table.



Boil fresh drinking water and leave it to cool down to about 50 °C.



Put the recommended amount of powder (according to table) into a pap dish.



Measure boiled water (according to table), add to powder and stir.



Let it swell for until it reaches the required consistency. Check temperature.

The special HiPP ingredients

Per 100g powder: 46% Follow-on milk (skimmed milk powder, vegetable oils (sunflower oil, rapeseed oil, coconut oil), maltodextrin, whey powder partially demineralised, vitamin C, iron sulphate, zinc sulphate, vitamin E, niacin, panthothenic acid, vitamin B₁, vitamin A, vitamin B₆, vitamin B₁₂, potassium iodate, folic acid, copper sulphate, vitamin K, sodium selenate, vitamin D, biotin), 26% rice semolina, whey powder partly demineralised, corn flour, prebiotic dietary fibres (galacto-oligosaccharides from lactose), calcium carbonate, extract of Bourbon vanilla, vitamin B₁, vitamin A, Vitamin D.

Important information

- For the sake of your baby's health it is important to adhere to the instructions for preparation and the quantities indicated.
- Always feed your baby the milk pap using a spoon and prepare it freshly for each meal.
- Seal opened sachet well after using, store at room temperature in a dry and hygienic manner – use up content within 3-4 weeks.
- Please do not warm up the pap in the microwave (danger of scalding!).
- Ensure regular dental care at bedtime from your baby's first tooth onward and do not feed your baby afterwards.

Please pay attention to your baby's balanced diet and healthy way of living.

Prebiotic dietary fibres (GOS*)

- ✓ *Prebiotic dietary fibres (GOS*) can also be found in breast milk and support baby's healthy intestinal flora.*
- ✓ *HiPP milk paps Praebiotik® are ideal in combination with HiPP Combiotic® milk formulae.*

Ausdrück Stilles Stillens

*Galactooligosaccharides – derived from lactose

The proper dosage

Every baby is different, so daily portions of pap may vary greatly. Our dosage table is intended to help you preparing different amounts of milk pap correctly.

	Powder (g)	Water (ml)	Portion (g)
from 4 months	40 (3-4 table spoons)	120	160
from the 6 th month	45 (approx. 4 table spoons)	135	180
from the 8 th month	50 (4-5 table spoons)	150	200

Composition

	per 100 g powder	per ready to eat portion 160 g
Energy kJ	1.843	737
kcal	437	175
Fat	11,8 g	4,7 g
-of which saturated acids	2,6 g	1,0 g
Carbohydrates	70,3 g	28,1 g
-of which sugar	32,0 g	12,8 g
Dietary fibres	2,4 g	1,0 g
Protein	11,3 g	4,5 g
Sodium	0,09 g	0,04 g
Potassium	370 mg	150 mg
Chloride	120 mg	48 mg
Calcium	475 mg	190 mg
Phosphorus	230 mg	92 mg
Magnesium	31 mg	12 mg
Iron	3,0 mg	1,2 mg
Zinc	2,2 mg	0,9 mg
Copper	95 µg	38 µg
Iodine	44 µg	18 µg
Selenium	15 µg	6,0 µg
Manganese	230 µg	92 µg
Vitamin A	400 µg	160 µg
Vitamin D	8,0 µg	3,2 µg
Vitamin E	5,5 mg	2,2 mg
Vitamin K	18,0 µg	7,2 µg
Vitamin C	42 mg	17 mg
Vitamin B ₁	680 µg	0,27 mg
Vitamin B ₂	700 µg	0,28 mg
Niacin	1.800 µg	0,72 mg
Vitamin B ₆	200 µg	0,08 mg
Folic acid	50 µg	20 µg
Vitamin B ₁₂	1,1 µg	0,4 µg
Pantothenic acid	2.700 µg	1,1 mg
Biotin	9,5 µg	3,8 µg
Further nutritional values		
Linolenic acid (Omega-3-FA)	0,26 g	0,10 g
Galacto-Oligosaccharide	1,6 g	0,6 g

What's in it

- ✓ **follow-on milk to suit age**
As a basis for our milk paps, we use follow-on milk, which meets babies' requirements and is suitable as an ingredient in paps from 4 to 6 months. For the sake of your baby's health, follow-on milk contains:
 - ✓ **calcium & vitamin D**
important for the formation of bones
 - ✓ **iron**
for blood formation and mental development
 - ✓ **zinc & vitamin C**
for the body's own defences
 - ✓ **iodine**
supports the thyroid function
 - ✓ **vitamin A**
supports the immune system
 - ✓ **Omega 3**
important for brain and nerve cells
- ✓ **prebiotic dietary fibres (GOS*)**
do support healthy intestinal flora
galactooligosaccharides derived from lactose
- ✓ **valuable, easily digestible cereal**
gluten-free

What's not in it

- ✗ artificial flavouring
 - ✗ added colouring*
 - ✗ preservatives*
- *as required by law

e 250g

HiPP

Please open here

Baby's First Pap

Production date:
Best before:

11_1585EM
FS1 12/13

FROM
4
MONTHS

HiPP

NEW

Milk Pap
Baby's First Pap

PRAEBIOTIK®

prebiotic
dietary
fibres (GOS)



Prepare with water

Use

This milk pap is an ideal meal for children being fed weaning food, and is suitable from 4 months to complement breastfeeding or infant formulae fed from a bottle. If you want to switch over to using follow-on milk for bottle meals before your baby is six months old, please consult with your paediatrician.

If you have any questions concerning your baby's diet

Exporter
HiPP GmbH & Co. Export KG,
Theresienthalstraße 68,
4810 Gmunden, Austria

Producer
Vivera d.o.o. (a member of
HiPP Group), Ulica kralja
Zvonimira 1,
44400 Glin, Croatia

Filling height due to technical reasons.
Packed in a protective atmosphere.
Best before: See top of package

Milk Pap Baby's First Pap

AL2951-C e 250g

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AL2951-C



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HiPP's freshness guarantee: The foil sachet guarantees optimal freshness and aroma protection. This product left our house in perfect condition – please make sure the sachet is undamaged before using. Foil sachet and box must be recycled separately. Store in a dry place at room temperature (max. 25°C). Use up the opened sachet within 3-4 weeks.