

Milk Pap Buckwheat

Preparation

Choose amount of water and pap powder depending on age and appetite according to dosage table.



Boil fresh drinking water and leave it to cool down to about 50 °C.



Put the recommended amount of powder (according to table) into a pap dish.



Measure boiled water (according to table), add to powder and stir.



Let it swell until it reaches the required consistency. Check temperature.

The special HiPP ingredients

Per 100 g powder: 45 % follow-on milk (skimmed milk powder, 13% buckwheat flakes, vegetable oils (sunflower oil, rapeseed oil, coconut oil), whey powder (partially demineralised), calcium carbonate, vitamin C, iron sulphate, zinc sulphate, vitamin E, niacin, pantothenic acid, vitamin B₁, vitamin A, vitamin B₆, vitamin B₂, potassium iodate, folic acid, vitamin K, sodium selenate, vitamin D, biotin), whey powder (partially demineralised), 23 % buckwheat flakes, maltodextrin, prebiotic dietary fibre (galactooligosaccharides from lactose), iron sulphate, zinc sulphate, vitamin B₁, vitamin A, vitamin D.

contains gluten

Important information

- For the sake of your baby's health it is important to adhere to the instructions for preparation and the quantities indicated.
- Always feed your baby the milk pap using a spoon and prepare it freshly for each meal.
- Seal opened sachet well after using, store at room temperature in a dry and hygienic manner – use up content within 3-4 weeks.
- Please do not warm up the pap in the microwave (danger of scalding!).
- Ensure regular dental care at bedtime from your baby's first tooth onward and do not feed your baby afterwards.

Please pay attention to your baby's balanced diet and healthy way of living.

Prebiotic dietary fibres (GOS*)

- ✓ *Prebiotic dietary fibres (GOS*) can also be found in breast milk and support baby's healthy intestinal flora.*
- ✓ *HiPP milk paps Praebiotik* are ideal in combination with HiPP Combiotic* milk formulae.*

Ausdrück Stoff HiPP

*Galactooligosaccharides – derived from lactose

The proper dosage

Every baby is different, so daily portions of pap may vary greatly. Our dosage table is intended to help you preparing different amounts of milk pap correctly.

	Powder (g)	Water (ml)	Portion (g)
from 4 months	40 (3-4 table spoons)	120	160
from the 6 th month	45 (approx. 4 table spoons)	135	180
from the 8 th month	50 (4-5 table spoons)	150	200

Composition

	per 100 g powder	per ready to eat portion 160 g	% of daily requirements
Energy kJ	1,805	722	
kcal	429	171	
Fat	11.9 g	4.8 g	
of which saturated acids	3.0 g	1.2 g	
Carbohydrates	65.9 g	26.4 g	
of which sugar	33.5 g	13.4 g	
Dietary fibres	2.9 g	1.2 g	
Protein	13.0 g	5.2 g	
Sodium	0.19 g	0.08 g	
Potassium	810 mg	325 mg	
Chloride	390 mg	155 mg	
Calcium	410 mg	165 mg	41 %
Phosphorus	380 mg	150 mg	
Magnesium	90 mg	36 mg	
Iron	5.3 mg	2.1 mg	35 %
Zinc	4.3 mg	1.7 mg	43 %
Copper	220 µg	88 µg	
Iodine	60 µg	24 µg	34 %
Selenium	14 µg	5.2 µg	
Manganese	340 µg	135 µg	
Vitamin A	410 µg	164 µg	41 %
Vitamin D	7.3 µg	2.9 µg	29 %
Vitamin E	5.5 mg	2.2 mg	
Vitamin K	20 µg	8.0 µg	
Vitamin C	38 mg	15 mg	60 %
Vitamin B ₁	820 µg	0.33 mg	
Vitamin B ₂	720 µg	0.29 mg	
Niacin	2,200 µg	0.88 mg	
Vitamin B ₆	150 µg	0.06 mg	
Folic acid	52 µg	21 µg	
Vitamin B ₁₂	1.1 µg	0.4 µg	
Pantothenic acid	2,300 µg	0.92 mg	
Biotin	11.4 µg	4.6 µg	
Further nutritional values			
Linolenic acid (Omega-3-FA)	0.27 g	0.11 g	
Galacto-Oligosaccharides	1.6 g	0.6 g	

What's in it

- ✓ **follow-on milk to suit age**

As a basis for our milk paps, we use follow-on milk, which meets babies' requirements and is suitable as an ingredient in paps from 4 to 6 months. For the sake of your baby's health, follow-on milk contains*:

- ✓ **calcium & vitamin D** important for the formation of bones
- ✓ **iron** for blood formation and mental development
- ✓ **zinc & vitamin C** for the body's own defences
- ✓ **iodine** supports the thyroid function
- ✓ **vitamin A** supports the immune system
- ✓ **Omega 3** important for brain and nerve cells

- ✓ **prebiotic dietary fibres (GOS*)** support healthy intestinal flora

*galactooligosaccharides derived from lactose

- ✓ **valuable, easily digestible cereal contains gluten**

*as required by law

What's not in it

- ✗ flavouring*
- ✗ added colouring*
- ✗ preservatives*

*as required by law

e 250 g

HiPP

Please open here

Buckwheat

Production date:
Best before:

12_2431EM
FS2 06/14

FROM
4
MONTHS

HiPP

Milk Pap
Buckwheat

PRAEBIOTIK®

prebiotic
dietary
fibres (GOS)

Prepare with water

Use

This milk pap is an ideal meal for children being fed weaning food, and is suitable from 4 months to complement breastfeeding or infant formulae fed from a bottle. If you want to switch over to using follow-on milk for bottle meals before your baby is six months old, please consult with your paediatrician.

From idea to conviction

Years of experience and scientific progress serve to guarantee the very high quality of HiPP milk paps. Our nutritional experts constantly face the challenge of keeping the milk paps from HiPP up to the latest technical standard. And all of this we do gladly for the natural and healthy development of your baby.

- Extensive raw material checks
- Constant monitoring during production
- Stringent control of toxic substances
- Without any genetically modified ingredients

If you have any questions concerning your baby's diet

Exporter

HiPP GmbH & Co. Export KG,
Theresienthalstraße 68,
4810 Gmunden, Austria

Producer

Vivera d.o.o. (a member of
HiPP Group), Ulica kralja
Zvonimira 1,
44400 Glina, Croatia

Filling height due to technical reasons.
Packed in a protective atmosphere.

Best before: See top of package

Milk Pap Buckwheat

AL2917-C e 250g

AL2917-C
716



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HiPP's freshness guarantee: The foil sachet guarantees optimal freshness and aroma protection. This product left our house in perfect condition – please make sure the sachet is undamaged before using. Foil sachet and box must be recycled separately. Store in a dry place at room temperature (max. 25°C). Use up the opened sachet within 3-4 weeks.